



**Accuracy** the ability to be exact or precise

**Adaptable** able to adjust to new conditions

**Advocacy** the act of speaking on behalf of or in support of another person

**Ambitious** desire and determination to succeed

**Analysis** the process of examining something carefully to understand it or explain it

**Articulate** the ability to speak fluently and coherently

**Assertive** behaving confidently and feeling able to say what you want or believe

**Attention to detail** focus or concentrate on an action or thing

**Brand awareness** aware of a particular product or service

**Brave** having or showing mental or moral strength to face danger, fear, or difficulty

**Calm under pressure** the ability to manage your emotions and remain calm in difficult situations

**Can-do attitude** showing a determination or willingness to take action and achieve results

**Caring** kind and giving emotional support to others

**Challenge assumptions** questioning things before making decisions/conclusions

**Code switch** the ability to alternate between languages or varieties of language

**Coding** the practice of writing computer programs

**Collaboration** working with someone to produce something

**Commitment** willingness to give your time and energy to something

**Communication** the ability to convey or share ideas and feelings effectively (Verbal, written and nonverbal)

**Compassion** showing someone kindness, care or sympathy

**Competitive** strong desire to be more successful than others

**Comprehension** the ability to understand something

**Compromise** the ability to reach an agreement with someone where there was a difference in opinion

**Concentration** the action or power of focusing your attention

**Confidence** feeling of self-assurance and appreciation of your own abilities or qualities

**Conscientious** putting a lot of effort into your work

**Considerate** being kind and helpful

**Coordination** the ability to use the different parts of your body together efficiently

**Courage** mental or moral strength to withstand danger, fear or difficulty

**Creative thinking** the ability to produce original and unusual ideas, or to make something new or imaginative

**Critical thinking** the ability to analyse information objectively and make a reasoned judgment

**Cultural awareness** having an understanding and respect of people from different countries or other backgrounds

**Curiosity** a strong desire to know or learn something

**Customer service skills** the ability to make a good impression with customers

**Debating** argue about a subject in a formal manner

**Decision making** the process of reaching decisions effectively

**Dedication** the willingness to give a lot of time and energy to something

**Deductive skills** reaching an answer or a decision by thinking carefully about the known facts

**Dependable** always acting consistently and sensibly

**Designing** draw or plan something with a specific purpose in mind

**Determination** not letting anything stop you achieve something

**Drive** having energy and determination

**Dynamic** full of energy or new and exciting ideas

**Emotional intelligence** the ability to recognise, understand, and manage your own emotions, and sense the emotional needs of others

**Empathy** the ability to share another person's feelings and emotions as if they were your own

**Encouraging** giving people hope or confidence

**Energy** having strength and vitality for sustained physical or mental activity

**Enterprising** willing to try out new, unusual ways of doing or achieving something

**Enthusiastic** having or showing intense and eager enjoyment, interest, or approval

**Entrepreneurial** someone who makes money by starting their own business, especially when this involves seeing a new opportunity and taking risks

**Essay writing** the ability to write in depth about a particular subject

**Ethical** believing in things that are morally good or correct

**Evaluation** judging or calculating the quality, importance, amount, or value of something

**Experimentative** trying out new ways of doing things or ideas to find out what works best

**Expression** the act of saying what you think or showing how you feel using words or actions

**Eye for detail** attentive to things others might miss

**Face challenges head on** confronting a problem directly and openly

**Fair** treating someone in a way that is right or reasonable

**Flexible** able to change or be changed easily according to the situation

**Focus** act of concentrating interest or activity on something

**Follow processes** ability to follow a series of actions, instructions, or functions bringing about a result

**Forecasting** saying what you think or predict is going to happen in the future

**Global awareness** understanding of global and cultural perspectives with social, political, economic, cultural and environmental issues

**Grammatical skills** following the correct rules for a particular language

**Graphical skills** ability to understand and interpret graphs, charts and maps

**Growth mindset** having the belief that you can improve intelligence, ability and performance

**Hand-eye coordination** the ability to use muscles and vision in tandem

**Helpful** helping others in some way by giving support, advice or information

**Honest** telling the truth and not deceiving people

**Imaginative** good at thinking of new, original, and clever ideas

**Improvisation** arranging something without previous preparation

**Inclusive** including many different types of people and treating them all fairly and equally

**Independent** not influenced or controlled by other people, events, or things

**Influential** having an impact on or shaping how people act or how things occur

**Initiative** the ability to use your own judgment to make decisions without asking another person's advice

**Innovative** using new methods or ideas

**Inquiring mind** great interest in learning new things

**Inquisitive** wanting to discover as much as you can about things

**Inspiring** encouraging, or making people feel they want to do something

**Integrity** honest and firm in your moral principles

**Interpreting** understanding the meaning or significance of something

**Intuitive** able to know or understand something because of feeling rather than facts or proof

**Investigation** an active effort to find out something

**Inventive** good at thinking of new and original ideas

**IT skills** the skills needed to use the primary functions of ICT to retrieve, assess, store, produce, present and exchange information

**Kinaesthetic** having an awareness of the position and movement of parts of the body

**Kind** having a friendly and generous nature

**Language skills** having a good command of one or more languages

**Linguistic skills** being well versed in the grammar, structure, phonology, and semantics of one or more languages

**Leadership** the ability to lead or guide other individuals and teams

**Listening** giving attention to something or to a person who is speaking

**Literacy skills** the skills needed for reading and writing

**Logical** using reason to construct a logical argument

**Love of learning** being motivated to acquire new skills or knowledge

**Loyal** remaining firm in a friendship or support for a person or thing

**Manual dexterity** ability to use your hands to perform a difficult action skilfully and quickly so that it looks easy

**Mapwork** ability studying and analysing maps

**Marketing** ability to encourage people to buy a product or service

**Mathematical modelling** a process in which real-life situations and relations in these situations are expressed by using mathematics

**Mediation** intervention between conflicting parties to promote reconciliation, settlement, or compromise

**Memory** the ability to remember information, experiences, and people

**Methodical** doing something according to a systematic or established procedure

**Money management** the process of budgeting and planning how to spend money

**Motivating** encouraging someone to have interest in or enthusiasm for something

**Multitasking** doing more than one thing at the same time

**Musicianship** the skill involved in performing music

**Negotiation** the process of discussing something with someone in order to reach an agreement with them

**Networking** process of meeting and talking to a lot of people to get information that can help you

**Numeracy skills** basic mathematical skills such as understanding and analysing numerical information and express ideas and situations using numerical or mathematical information

**Observant** Quick to notice or perceive things

**Open minded** willing to consider ideas and opinions that are new or different to your own

**Organisation** able to plan your activities and time efficiently

**Passionate** having or showing strong feelings or beliefs

**Patience** the ability to wait, or to continue doing something despite difficulties

**Perceptive** good at noticing or realising things, especially things that are not obvious

**Performance** being comfortable in the act of presenting a play, concert, or other form of entertainment

**Perseverance** continued effort and determination

**Perspective** the ability to think about a situation or problem in a reasonable way

**Persuasive** ability to influence a person's beliefs, attitudes, or behaviours

**Physical fitness** the ability to be physically active, to move and respond to the environment

**Planning** the process of deciding in detail how to do something before you actually start to do it

**Positive attitude** a person with a sunny, positive outlook on life

**Positive role model** a person whose behaviour or success can be emulated by others, especially by younger people

**Practical** ability to provide effective solutions to problems especially by the practical application of something rather than with theory and ideas

**Presentation** feeling comfortable speaking to a group of people

**Proactive** acting in a way that is intended to cause change, rather than just reacting to change

**Problem solving** the ability of find solutions to difficult or complex issues

**Programming** the process or skill of writing programs for computers

**Productive** producing or doing a lot for the amount of resources used

**Professional** connecting with trained and skilled people in a serious of manner

**Project management** organising and managing resources that are necessary to complete a project

**Public speaking** ability to give speeches to groups of people

**Questioning** showing an interest in learning new things

**Reasoning** thinking about something in a logical, sensible way

**Recognise patterns** ability to identify common themes to help make decisions

**Reflective** ability to reflect on your own actions and engage in a process of continuous learning

**Reliable** can be trusted or believed

**Research** investigate systematically

**Resilience** capacity to recover quickly from difficulties

**Resourceful** skilled at solving problems and making decisions on your own

**Respectful** showing politeness, honour, or admiration to someone or something

**Responsible** having good judgment and the ability to act correctly and make decisions on your own

**Risk taker** being willing to do things that involve danger or risk in order to achieve a goal

**See the big picture** see the entire perspective on a situation or issue

**Self-advocacy** the ability to represent your own views or interests

**Self-awareness** conscious knowledge of your own character and feelings

**Self-care** any activity that we do deliberately in order to take care of our mental, emotional, and physical health

**Self-discipline** ability to control your feelings and overcome weaknesses

**Self-motivation** able and willing to work without being told what to do

**Self-sufficient** able to take care of yourself, to be happy, or to deal with problems, without help from other people

**Sense of humour** ability to perceive humour or appreciate a joke

**Sociable** friendly and enjoy talking to other people

**Social action skills** includes volunteering, giving money, community action or simple neighbourly acts

**Social responsibility** a feeling of obligation towards the welfare and interests of the society

**Strategic** systematic process of envisioning a desired future and planning a sequence of steps to achieve it

**Stamina** the ability to sustain prolonged physical or mental effort

**Strong work ethic** a belief in the moral value of work

**Supportive** providing encouragement or emotional help to others

**Synthesis** taking large quantities of information and processing it in such a way that it can be understood in brief but still retaining essential details

**Team work** the collaborative effort of a team to achieve a common goal in the most effective and efficient way

**Technical ability** specific talents and expertise to help you perform a certain task or job

**Tenacity** being very determined and seeing things through

**Time management** using the time that you have available in a useful and effective way

**Thorough** being detailed and careful

**Translation** conversion of something from one form into another

**Trustworthy** able to be relied on as honest or truthful

**Tolerance** willingness to accept behaviour and beliefs that are different from your own

**Value diversity** promoting and supporting differences between people and cultures

**Vision** ability to think about or plan the future with imagination or wisdom

**Willing to try new things** being prepared to join in with or to try a new, difficult, or dangerous activity

**Zest** having enthusiasm and energy

**3D Spatial Reasoning** the capacity to think about objects in 3D and draw conclusions from limited information